

**Understanding the Role of Commitment Note-Taker**  
*“To attract a Dream Partner, you must BECOME a Dream Partner!”*

**Point #1** – *What is Commitment in a Relationship?*

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**Point #2** – *Dating Stage of Commitment*

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**Point #3** – *Pre-commitment Stage of Dating*

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**Point #4** – *Pre-marital Stage of Dating*

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**Point #5** – *Commitment Stage of Dating*

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**Point #6** – *Fact vs. Attitude*

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**Point #7** – *How do you know when a Relationship is Committed?*

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**Point #8** – *Criterion #1*

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**Point #9** – *Criterion #2*

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**Point #10** – *Criterion #3*

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**My Expert Advice to give myself:**

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**What I will do to follow my Advice:**

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**Resources for Help and Support:**

**Carol A. Anderson, MS**

[carol@acenter4relationships.net](mailto:carol@acenter4relationships.net)

[Intro.AttractYourDreamPartner.com](http://Intro.AttractYourDreamPartner.com) ~ Singles Relationship Programs

[ReSTS.AttractYourDreamPartner.com](http://ReSTS.AttractYourDreamPartner.com) ~ 8-week TS ~ Live the Life you Love to Find the Love of your Life

[www.KeepTheLoveYouFind](http://www.KeepTheLoveYouFind) ~ Singles Weekend Retreat ~ Early-bird Discounts!

[Carol's FaceBook FanPage for Singles](#) ~ Resources for Singles ~ Please LIKE & SHARE! ~ FREE!

[www.meetme.so/carolaanderson](http://www.meetme.so/carolaanderson) ~ Schedule a complimentary 60' Strategy Session ~ FREE!