

**How the Law of Attraction Really Works Note-Taker**  
*“To attract a Dream Partner, you must BECOME a Dream Partner!”*

**Point #1** – *What is the Law of Attraction?*

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**Point #2** – *What are the limits of the Law of Attraction?*

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**Point #3** – *The B.E.A.R. Cycle*

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**Point #4** – *How does Attitude affect Attraction?*

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**Point #5** – *Victim or Empowered?*

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**Point #6** – *The Law of Abundance vs. The Law of Scarcity*

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**Point #7** – *Our Animal Brain fears Change!*

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**Point #8** – *Our Animal Brain when it's threatened*

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**Point #9** – *Our Animal Brain when it's safe*

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**New Beliefs about Abundance that will support my change:**

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**My Expert Advice to give myself:**

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**What I will do to follow my Advice:**

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**Resources for Help and Support:**

**Carol A. Anderson, MS**

[carol@acenter4relationships.net](mailto:carol@acenter4relationships.net)

[Intro.AttractYourDreamPartner.com](http://Intro.AttractYourDreamPartner.com) ~ Singles Relationship Programs

[www.KeepTheLoveYouFind](http://www.KeepTheLoveYouFind) ~ Singles Weekend Retreat ~ Early-bird Discounts!

[Carol's FaceBook FanPage for Singles](#) ~ Resources for Singles ~ Please LIKE & SHARE! ~ FREE!

[www.meetme.so/carolaanderson](http://www.meetme.so/carolaanderson) ~ Schedule a complementary 60' Strategy Session ~ FREE!

<http://theabundanceindex.com/> ~ Measure your "Abundance IQ" – Strengths and Potential ~ FREE!